



Maria Teresa Alonso Jaén

“Passionated for the personal and organizational leadership development”.

She has got an International Executive MBA by ESCP-EAP, and a degree in Business Administration.

Her value of “continuous learning” has been the drive for her own personal development, getting specialized in executive and life coaching, relational, team and systems coaching, leadership development and projects that require a cultural change.

She knows very well the Organizational challenges. She was working during 16 years in the field of consulting, behavioral training and coaching, co-creating change solutions with her clients that help to really live the values/culture of the Organization, translating them into behavioral principles and competences. She has trained and coached the development of Managers at all hierarchical levels (Boards of Directors, middle Management), as well as other roles or needs(i.e. sales, negotiation, stress & time management, train the trainers, train the coach, train the consultant). She has also been trainer at Krauthammer University, on the areas of training and consulting, besides having a Management role as Country Manager for Krauthammer Spain & Latam.

As from 1st. of September 2016, she started her own activity and delivers her services founding TLeadGo (www.tleadgo.com).

Her main purpose is to create the conditions where leadership development happens within Organizations, an “agile”and shared leadership, where we can benefit from the collective intelligence, with essential values as collaboration and trust.

As for coaching credentials, she has the ICF credential of PCC (Professional Certified Coach), CPCC (Certified Professional Co-active coach) and ORSC Certified (Organizational & Relational systemic coaching).

Regarding other credentials to be mentioned: EQ-i 2.0 y EQ360 Emotional Intelligence, Assessment of Leadership of individuals, teams and Organizations (The Leadership Circle), Leadership System (TLC), Facilitator of “Team Diagnostic Assessment” for team coaching (Team Coaching Int’l) Analyst of DISC behaviours and Motivators, EQ and DNA competences (TTI Success Insights) and “3 Brains coach” Certified.

Her passion:

- Leadership Development in Organizations, working with individuals and teams.
- Provoke changes in Organizations. Create the conditions so that changes happen, make people aware of their impact and their role in the transformation process.



Strong points & experience

- Facilitation processes:
 - Organizational change, aligning business-culture- organizational structure.
 - Vision/purpose, mission, values, behavioral principles.
 - Workshops adapted to the clients' needs.
- Coaching:
 - Personal - life coaching -
 - Executive - professional
 - Relational, systemic, teams
 - Train the coach
- Training:
 - In the development of specific skills: Management & Leadership, Coaching, Sales, Negotiation, Stress, Time Management and Personal Organization, Change management, entrepreneurial spirit, crossfunctional management.
 - Formación de formadores.
- She has worked and knows all types of sectors: Services, Manufacturing, IT/Telecom, Finance-Insurances, Health
- She manages diversity and knows how to adapt and provide a solution of any time to a client request. She can work with all types of profiles in an Organization, from Senior to Junior. Nevertheless she enjoys very much working with Boards of Directors and also multicultural environments.
- She is skilled to see the global picture and implications of any case in the work environment.
- She invites to reflect and take action . She provokes changes.
- Client Service Orientation. She will do her best to provide the best solution to the client so that he/she/it (organization) shines, succeeds.

Words to describe her: Empathic, Perseverant, Committed.

“ I am an apprentice. I love learning and initiate projects. Love challenges”.

()Clients' references: under request. This documents preserves confidentiality of Companies and services delivered. More information about background, studies or experience at my linkedin profile.*